

How to Use:

- Remove the Aromatherapy cup from Salt Lamp
- Fill the Aromatherapy cup $\frac{3}{4}$ full of water
- Drop desired amount of Aromatherapy oil/oils into water
- The amount and type of oils used is personal preference. We suggest 4-6 total drops per cup of water
- Place the Aromatherapy cup back into your Salt Lamp
- Turn on the Salt Lamp and Enjoy!